



# Sept 2022

## Saint Wendel School Lunch Menu


**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

			<p><b>1</b> French Bread Pepperoni Pizza Mini Salad Veggie Blend Diced Pears Milk <b>ALT:</b> Chef Salad-Diced Ham w/ Dinner Roll <b>ALT:</b> Grilled Cheese Sandwich</p>	<p><b>2</b> Grilled Cheese w/ Tomato Soup Green Beans Baby Carrots Mixed Fruit Milk <b>ALT:</b> Chef Salad-Diced Ham w/ Dinner Roll <b>ALT:</b> Grilled Cheese Sandwich</p>
<p><b>5</b>  Happy Labor Day</p>	<p><b>6</b> Beef Taco Refried Beans Corn Shredded Lettuce/Tomato Mixed Fruit Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Flatbread</p>	<p><b>7</b> Chicken Fryz Potato Wedges Green Beans Diced Peaches Dinner Roll Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Flatbread</p>	<p><b>8</b> BBQ Rib Patti on Bun Mashed Potatoes/Gravy Mini Salad Hot Cinnamon Apples Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Flatbread</p>	<p><b>9</b> Pepperoni Pizza Crinkle Fries Baby Carrots Diced Pears Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Flatbread</p>
<p><b>12</b> French Toast Sticks w/Sausage Patti Tater Tots Broccoli &amp; Cheese Mandarin Oranges-or-Orange Juice Milk <b>ALT:</b> Chef Salad-Diced Ham <b>ALT:</b> Grilled Cheese Sandwich</p>	<p><b>13</b> Chicken &amp; Cheese Quesadilla Refried Beans Corn Mixed Fruit Milk <b>ALT:</b> Chef Salad-Diced Ham <b>ALT:</b> Grilled Cheese Sandwich</p>	<p><b>14</b> Crispy Chicken on Bun Crinkle Fries Veggie Blend Diced Peaches Dinner Roll Milk <b>ALT:</b> Chef Salad-Diced Ham <b>ALT:</b> Grilled Cheese Sandwich</p>	<p><b>15</b> <u><b>K-DAY</b></u> Mini Cinni's w/Sausage Patti Tater Tots Baby Carrots Blueberries/Strawberries Milk <b>ALT:</b> Chef Salad-Diced Ham <b>ALT:</b> Grilled Cheese Sandwich</p>	<p><b>16</b> Mac &amp; Cheese Green Beans Potato Smiles Mixed Fruit Milk <b>ALT:</b> Chef Salad-Diced Ham <b>ALT:</b> Grilled Cheese Sandwich</p>
<p><b>19</b> Mini Cinni's w/ Sausage links Tater Tots Broccoli &amp; Cheese Diced Peaches-or-Orange Juice Milk <b>ALT:</b> Chef Salad-Grilled Chicken w/ Dinner Roll <b>ALT:</b> Ham &amp; Cheese Sub</p>	<p><b>20</b> Burrito Refried Beans Cooked Carrots Mixed Fruit Milk <b>ALT:</b> Chef Salad-Grilled Chicken w/ Dinner Roll <b>ALT:</b> Ham &amp; Cheese Sub</p>	<p><b>21</b> Mini Corn Dogs Mashed Potatoes &amp; Gravy Baked Beans Diced Pears Milk <b>ALT:</b> Chef Salad-Grilled Chicken w/ Dinner Roll <b>ALT:</b> Ham &amp; Cheese Sub</p>	<p><b>22</b> Popcorn Chicken Potato Wedges Green Beans Sidekicks Milk <b>ALT:</b> Chef Salad-Grilled Chicken w/ Dinner Roll <b>ALT:</b> Ham &amp; Cheese Sub</p>	<p><b>23</b> Bosco Sticks w/Pizza Sauce Baby Carrots Cauliflower &amp; Cheese Mandarin Oranges Milk <b>ALT:</b> Chef Salad-Grilled Chicken w/ Dinner Roll <b>ALT:</b> Ham &amp; Cheese Sub</p>
<p><b>26</b> Sausage &amp; Egg Biscuit Tater Tots Broccoli &amp; Cheese Diced Peaches Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Sandwich</p>	<p><b>27</b> Super Nachos Refried Beans Corn Diced Pears Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Sandwich</p>	<p><b>28</b> Zoo Chicken Nuggets Potato Wedges Green Beans Hot Cinnamon Apples Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Sandwich</p>	<p><b>29</b> Breaded Pork Patty Mashed Potatoes &amp; Gravy Baked Beans Mixed Fruit Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Sandwich</p>	<p><b>30</b> Hamburger/Cheeseburger Potato Smiles Cooked Carrots Pineapple Milk <b>ALT:</b> Chef Salad-Crispy Chicken w/ Dinner Roll <b>ALT:</b> Turkey &amp; Cheese Sandwich</p>