

# Saint Wendel Catholic School

## Lunch Menu September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <b>Wk1-Mini Cornies</b> Mashed Potato/Gravy Broccoli/Cheese Mandarin Oranges Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese/Lettuce Wrap</b>	4 <b>Wk1-Chicken Mozzarella</b> Garlic Toast Mini Salad California Blend Peaches Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese/Lettuce Wrap</b>	5 <b>Wk1- Walking Taco/ salsa</b> Refried Beans Corn-on-Cob Tropical Fruit Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese/Lettuce Wrap</b>	6 <b>Wk1-Pepperoni or Cheese Pizza</b> Potato wedges Green Beans Kiwi Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese/Lettuce Wrap</b>	7
8	9 <b>Wk2- Waffles/sausage(2)</b> Hashbrown (2) Broccoli/Cheese Applesauce or Orange Juice Syrup Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey and cheese/Flat Bread</b>	10 <b>Wk2- Pork Patty/Dinner Roll</b> mashed Potato/gravy California Blend Peaches Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey and cheese/Flat Bread</b>	11 <b>Wk2- Ravioli/ Garlic Toast</b> Mini Salad Green Beans Strawberry/Blueberry Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey and cheese/Flat Bread</b>	12 <b>Wk2- Crispy Chicken on Bun</b> Cooked Carrots Crinkle Fries Pears Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey and cheese/Flat Bread</b>	13 <b>Wk2- Hot Dog on Bun</b> Baked Beans Mixed Veggies/Ranch Frozen Fruit-Cherry Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey and cheese/Flat Bread</b>	14
15	16 <b>Wk3-Grill Cheese Sandwich</b> Tomato Soup Baked Beans Carrots/Ranch Pineapple Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese Sandwich</b>	17 <b>Wk3- popcorn Chicken</b> Sweet Potato Fries Green Beans Orange Slices Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese Sandwich</b>	18 <b>Wk3- French Bread Pepperoni Pizza</b> Mini salad California Blend Hot Cinnamon Apples Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese Sandwich</b>	19 <b>Wk3- Burrito</b> Nacho chips/ Salsa Refried Beans Corn Peaches Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese Sandwich</b>	20 <b>Wk3- hamburger/cheeseburger</b> potato smiles Cauliflower/Cheese Mixed Fruit Milk <b>Alt-Chef Salad-Crispy Chicken</b> <b>Alt-Ham/Cheese Sandwich</b>	21
22	23 <b>Wk4-Breakfast pizza</b> Tater Tots Cauliflower/Cheese peaches Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey/ Cheese Wrap</b>	24 <b>Wk4- Chicken Nuggets</b> Apple Bosco Sticks Green Beans Sweet Potato fries Mixed Fruit Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey/ Cheese Wrap</b>	25 <b>Wk4- Bosco Sticks/ Pizza Sauce</b> Broccoli/Cheese Mixed Veggies/Ranch Pears Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey/ Cheese Wrap</b>	26 <b>Wk4-Sloppy Joe on Bun</b> Baked Beans Baby Bakers Applesauce Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey/ Cheese Wrap</b>	27 <b>Wk4- Ocean Treasures Fish Bites</b> Carrots/ranch Corn Frozen Fruit -Cherry Milk <b>Alt-Chef Salad-ham and cheese</b> <b>Alt-Turkey/ Cheese Wrap</b>	28
29	30 <b>Wk5- Corn Dog</b> Baked Beans Corn applesauce Milk <b>Alt-Chef Salad-Grilled Chicken</b> <b>Alt-Ham and Cheese/Flat Bread</b>					