



September 2023

Saint Wendel School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>** Fruit options may change day to day depending on fresh fruit availability! **</p>				<p>1 Hamburger/Cheeseburger Baked Beans French Fries Fresh Veggie Mix Applesauce Milk ALT: Chef Salad- Crispy Chicken ALT: Grilled Cheese Sandwich</p>
<p>4 NO SCHOOL</p> 	<p>5 Salisbury Steak w/ Roll Mashed Potatoes & Gravy Cooked Carrots Fresh Veggie Mix Diced Peaches Milk ALT: Chef Salad- Diced Ham w/ Roll ALT: Ham & Cheese Sandwich</p>	<p>6 Donut Ring w/ Sausage Links Tater Tots Fresh Veggie Mix Applesauce Milk ALT: Chef Salad- Diced Ham w/ Roll ALT: Ham & Cheese Sandwich</p>	<p>7 Papa John's Pepperoni Pizza Corn Fresh Veggie Mix Diced Pears Milk ALT: Chef Salad- Grilled Chicken w/ Roll ALT: Turkey & Cheese Sandwich</p>	<p>8 SACK LUNCH Breaded Chicken Patty Sandwich Baby Carrots Dragon Juice Applesauce Cups Milk</p>
<p>11 Corn Dog Green Beans Sweet Potato Fries Fresh Veggie Mix Hot Cinnamon Apples Milk ALT: Chef Salad- Grilled Chicken w/ Roll ALT: Turkey & Cheese Sandwich</p>	<p>12 Texas Cinnamon Toast w/ Breakfast Scramble Hash Brown Rounds Fresh Veggie Mix Mixed Fruit Milk ALT: Chef Salad- Grilled Chicken w/ Roll ALT: Turkey & Cheese Sandwich</p>	<p>13 Chicken Smackers w/ Roll Mashed Potatoes & Gravy Edamame Fresh Veggie Mix Diced Pears Milk ALT: Chef Salad- Grilled Chicken w/ Roll ALT: Turkey & Cheese Sandwich</p>	<p>14 Super Nachos Refried Beans Corn Diced Pears Milk ALT: Chef Salad- Crispy Chicken ALT: Grilled Cheese Sandwich</p>	<p>15 Hot Ham & Cheese Tossed Salads Fresh Veggie Mix Onion Rings Diced Pears Milk ALT: Chef Salad- Grilled Chicken w/ Roll ALT: Turkey & Cheese Sandwich</p>
<p>18 Chicken Nuggets w/ Roll Mashed Potatoes & Gravy Steamed Broccoli Fresh Veggie Mix Mixed Fruit Milk ALT: Chef Salad- Crispy Chicken ALT: Grilled Cheese Sandwich</p>	<p>19 French Toast Sticks w/ Eggstravaganza Potato Smiles Fresh Veggie Mix Hot Cinnamon Apples Milk ALT: Chef Salad- Crispy Chicken ALT: Grilled Cheese Sandwich</p>	<p>20 Bosco Sticks w/ Marinara Green Beans Cooked Carrots Fresh Veggie Mix Mandarin Oranges Milk ALT: Chef Salad- Crispy Chicken ALT: Grilled Cheese Sandwich</p>	<p>21 Papa John's Cheese Pizza Corn Fresh Veggie Mix Applesauce Milk ALT: Chef Salad- Diced Ham w/ Roll ALT: Ham & Cheese Sandwich</p>	<p>22 Hamburger/Cheeseburger Baked Beans French Fries Fresh Veggie Mix Applesauce Milk ALT: Chef Salad- Crispy Chicken ALT: Grilled Cheese Sandwich</p>
<p>25 Salisbury Steak w/ Roll Mashed Potatoes & Gravy Cooked Carrots Fresh Veggie Mix Diced Peaches Milk ALT: Chef Salad- Diced Ham w/ Roll ALT: Ham & Cheese Sandwich</p>	<p>26 Nachos & Cheese Corn Refried Beans Fresh Veggie Mix Diced Peaches Milk ALT: Chef Salad- Diced Ham w/ Roll ALT: Ham & Cheese Sandwich</p>	<p>27 Donut Ring w/ Sausage Links Tater Tots Fresh Veggie Mix Applesauce Milk ALT: Chef Salad- Diced Ham w/ Roll ALT: Ham & Cheese Sandwich</p>	<p>28 Mac N' Cheese Potato Wedges Steamed Broccoli Fresh Veggie Mix Grapes Milk ALT: Chef Salad- Grilled Chicken w/ Roll ALT: Turkey & Cheese Sandwich</p>	<p>29 Breaded Chicken Patty Sandwich Potato Wedges French Fries Steamed Broccoli Fresh Veggie Mix Mixed Fruit ALT: Chef Salad- Diced Ham w/ Roll ALT: Ham & Cheese Sandwich</p>